

#### Frauen

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	15005	Anne Osthaus	TV Angermund	TW50	1	7:26 (4)	37:56 (1)	21:56 (3)	01:07:18
2	15073	Helene Bergmann	TV Ratingen	WJA	1	5:59 (1)	44:52 (6)	21:31 (2)	01:12:22
3	15055	Hisako Yoshizawa	RC Staubwolke Quadrath	TW45	1	7:12 (3)	46:17 (13)	22:14 (4)	01:15:43
3	15041	Larissa Jabali		TW35	1	9:05 (22)	41:44 (2)	24:54 (7)	01:15:43
5	15034	Kristine Sievering	Ausdauerschule by Bunert	TW40	1	9:11 (24)	45:46 (10)	22:30 (5)	01:17:27
6	17005	Annette Schulze	GTSV Essen	TW35	2	8:20 (8)	44:49 (5)	25:50 (12)	01:18:59
7	15032	Katja Kower	LAUFMAMALAU Duisburg / Mülheim	TW40	2	8:12 (7)	44:25 (4)	26:28 (13)	01:19:05
8	16059	Susanne Becker	TTD	TW50	2	8:57 (18)	44:53 (7)	25:18 (8)	01:19:08
9	15012	Almut Edinger	Eintracht Frankfurt	TW45	2	10:28 (40)	43:13 (3)	26:35 (14)	01:20:16
10	15037	Sarah Dormels		TW35	3	8:24 (10)	45:28 (8)	26:39 (15)	01:20:31
11	15063	Lena Sawatzki		TW25	1	7:44 (6)	47:30 (18)	25:29 (9)	01:20:43
12	15080	Marie-Jan Heck	KTT 01	TW45	3	8:54 (16)	45:37 (9)	26:50 (16)	01:21:21
13	15023	Anna Lowinski		TW20	1	8:21 (9)	47:21 (17)	25:47 (11)	01:21:29
14	15040	Alina Meyer	Duisburger SV 98 Triathlon Team	TW30	1	10:45 (44)	47:47 (19)	24:05 (6)	01:22:37
15	15047	Nora Wessendorf		TW30	2	10:00 (36)	48:32 (21)	25:41 (10)	01:24:13
16	15054	Svenja Neuhaus		TW30	3	8:50 (14)	46:56 (15)	28:46 (20)	01:24:32
17	15039	Lisa-Marie Küsters		TW35	4	8:57 (18)	45:59 (11)	30:23 (29)	01:25:19
18	15011	Ina Grewe	Union Biesfeld Triathlon	TW50	3	9:39 (31)	46:13 (12)	29:53 (27)	01:25:45
19	15058	Carina Schaub		TW25	2	6:16 (2)	51:19 (30)	28:56 (23)	01:26:31
20	15001	Astrid Kill	TV Hösel	TW55	1	9:42 (34)	48:10 (20)	28:51 (21)	01:26:43
21	15007	Heike Laudenberg		TW50	4	9:19 (25)	47:17 (16)	30:42 (35)	01:27:18
22	15066	Kaja Sophie Grewe		TW20	2	8:32 (11)	46:51 (14)	31:58 (38)	01:27:21
23	17004	Alexandra Merkel	GTSV Essen	TW40	3	7:29 (5)	49:34 (24)	30:26 (31)	01:27:29
24	15052	Maren Schmuck		TW30	4	8:49 (13)	48:44 (22)	30:51 (36)	01:28:24
25	15050	Vanessa Gensheimer		TW30	5	9:41 (33)	51:41 (32)	27:07 (18)	01:28:29
26	15013	Susanne Langemeyer	Tus Kaan-Marienborn	TW45	4	9:04 (20)	50:38 (28)	28:54 (22)	01:28:36
27	15004	Ute Kaulard-Bodden	Skikeller Kaulard & Schroiff	TW55	2	8:55 (17)	50:02 (26)	29:51 (26)	01:28:48
28	15016	Ulrike Hauck	PV-Triathlon Witten	TW45	5	9:04 (20)	49:21 (23)	30:25 (30)	01:28:50
29	15048	Julia Glowienka	Team Anton	TW30	6	10:54 (46)	52:28 (35)	27:01 (17)	01:30:23
30	17002	Ingrid Korte	GSV Recklinghausen	TW50	5	13:40 (53)	1:01:26 (49)	15:48 (1)	01:30:54
31	15019	Isabel Mauritz	Juna Runners	TW45	6	11:09 (48)	51:03 (29)	28:44 (19)	01:30:56
32	15021	Randi-Katrin Hinz		TW40	4	8:50 (14)	52:15 (33)	30:26 (31)	01:31:31
33	17003	Nicole Piepke	GSV Recklinghausen	TW50	6	11:20 (50)	49:54 (25)	30:53 (37)	01:32:07
34	15014	Petra Pilske		TW45	7	10:19 (37)	52:45 (36)	29:09 (24)	01:32:13
35	15015	Barbara Groell		TW45	8	8:43 (12)	54:25 (38)	29:23 (25)	01:32:31
36	15030	Sandra Müller- Gerhards		TW40	5	9:40 (32)	51:21 (31)	32:17 (40)	01:33:18
37	15017	Sabine Schmidt	Rookietaler	TW45	9	12:42 (51)	50:11 (27)	30:39 (34)	01:33:32
38	15018	Litzke Jana		TW45	10	10:28 (40)	53:52 (37)	29:59 (28)	01:34:19

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Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
39	15002	Hannelore Ruhrmann		TW55	3	10:19 (37)	52:19 (34)	32:03 (39)	01:34:41
40	15028	Anke Teroerde-Wilde		TW40	6	9:26 (28)	55:32 (41)	30:32 (33)	01:35:30
41	15060	Christina Kohn		TW25	3	9:21 (27)	54:36 (39)	32:53 (42)	01:36:50
42	15003	Birgit Scholle	PV Triathlon Witten	TW55	4	10:25 (39)	54:52 (40)	32:37 (41)	01:37:54
43	15026	Nina Schramm		TW40	7	9:20 (26)	58:28 (44)	32:53 (42)	01:40:41
44	15020	Karin Hartmann		TW45	11	9:55 (35)	56:21 (43)	35:14 (45)	01:41:30
45	15010	Martina Dörstel		TW50	7	9:31 (30)	56:02 (42)	39:26 (50)	01:44:59
46	15061	Sophie Steffen	Team Anton	TW25	4	10:32 (42)	1:00:01 (47)	36:20 (47)	01:46:53
47	17000	Claudia Hellwig	GSV Recklinghausen	TW50	8	12:43 (52)	59:51 (46)	34:30 (44)	01:47:04
48	15008	Petra Wellmann-Divisek	GAL	TW50	9	9:07 (23)	1:01:15 (48)	37:10 (48)	01:47:32
49	15027	Stefanie Schröder	Team B-Heim	TW40	8	11:13 (49)	59:22 (45)	38:44 (49)	01:49:19
50	15038	Susanne Axmann	Team Sporty Mums	TW35	5	11:06 (47)	1:06:41 (50)	35:16 (46)	01:53:03
51	15022	Britta Göke	Triathlon Mülheim	TW40	9	10:51 (45)	1:08:43 (52)	46:37 (51)	02:06:11
52	15044	Jennifer Rengers	Team Sporty Mums	TW35	6	10:37 (43)	1:08:34 (51)	48:10 (52)	02:07:21

#### Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	17035	Thorsten Schüler	Styrumer TV	TM35	1	6:18 (2)	38:41 (2)	20:05 (4)	01:05:04
2	15057	Manuel Steffen	Team Zoot Europe	TM40	1	7:34 (13)	37:21 (1)	21:02 (5)	01:05:57
3	17064	Elijah Rieck	SV Hellas Siegburg	MJA	1	8:58 (47)	40:19 (9)	17:14 (1)	01:06:31
4	17022	Christian Maiworm	Horst-Fans-Deutschland	TM35	2	6:27 (3)	39:00 (3)	21:26 (7)	01:06:53
5	16009	Michael Mohr		TM55	1	8:09 (25)	( )	( )	01:08:35
6	17040	Matthias Müller		TM30	1	7:56 (19)	41:11 (15)	20:03 (3)	01:09:10
7	17044	David Beermann	RC Dicke Mühle	TM30	2	9:59 (69)	40:13 (7)	19:55 (2)	01:10:07
8	15079	Steven Schipper	Duisburger SV 98 Triathlon	TM25	1	7:20 (12)	( )	( )	01:10:08
9	17006	Matthias Honings	Triathlon Waldfeucht	TM30	3	7:49 (16)	40:40 (11)	21:42 (10)	01:10:11
10	17052	Mats Bauer		TM25	2	8:03 (23)	40:12 (6)	22:12 (17)	01:10:27
11	17032	Maximilian Jatzlau	SSF Bonn Triathlon	TM35	3	9:21 (57)	39:55 (5)	22:00 (14)	01:11:16
12	17063	Lukas Rosental	LTV Lippstadt Triathlon	MJA	2	6:44 (5)	42:00 (22)	22:48 (19)	01:11:32
13	15043	Tim Grütters	runnershealth.de	TM45	1	8:17 (32)	41:25 (18)	21:58 (12)	01:11:40
14	16068	Dennis Niemeyer		TM40	2	8:41 (41)	39:16 (4)	24:07 (31)	01:12:04
15	16055	Martin Betz		TM45	2	8:41 (41)	40:24 (10)	23:23 (23)	01:12:28
16	16038	Christian Pape		TM50	1	8:59 (50)	40:13 (7)	23:24 (24)	01:12:36
17	17024	Manuel Müller	Triathlon Team Düsseldorf	TM35	4	9:46 (67)	41:45 (20)	21:29 (8)	01:13:00
18	16060	Boris Hullmann		TM45	3	8:25 (35)	40:55 (14)	24:02 (30)	01:13:22
19	16062	Adam Schnerr	VfL Benrath	TM45	4	6:59 (9)	41:11 (15)	25:18 (39)	01:13:28
20	17033	Ingo Daniels		TM30	4	6:50 (6)	42:11 (23)	24:55 (37)	01:13:56

#### Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
21	16058	Jan Neuse		TM45	5	8:58 (47)	42:59 (25)	22:11 (16)	01:14:08
21	17060	Max Pocha		MJUN	1	8:14 (29)	43:55 (31)	21:59 (13)	01:14:08
23	16040	Dirk Czarsbon		TM50	2	7:58 (20)	41:43 (19)	24:28 (33)	01:14:09
24	17009	Martin Koppe	GSV Bielefeld	TM50	3	8:02 (22)	40:49 (13)	25:20 (40)	01:14:11
25	17053	Luca Salhöfer		TM25	3	8:32 (38)	44:25 (33)	21:22 (6)	01:14:19
26	15036	Holger Urbanek		TM50	4	8:34 (39)	40:43 (12)	25:03 (38)	01:14:20
27	17019	Manuel Börner		TM35	5	8:13 (27)	44:37 (34)	21:45 (11)	01:14:35
28	17025	Tobias Niederheide		TM35	6	8:17 (32)	43:06 (26)	23:25 (25)	01:14:48
28	16051	Michael Alipaß	BSG Sparkasse HRV	TM45	6	8:59 (50)	42:55 (24)	22:54 (20)	01:14:48
30	16046	Stefan Hollstegge		TM50	5	10:44 (83)	41:13 (17)	23:31 (27)	01:15:28
31	16030	Stephan Siegler		TM50	6	6:56 (7)	41:53 (21)	26:41 (48)	01:15:30
32	16035	Kintzel Marcus	Triathlon Mülheim	TM50	7	8:49 (43)	44:54 (37)	22:05 (15)	01:15:48
33	17058	Moritz Kleinau		MJUN	2	8:50 (45)	45:09 (38)	22:38 (18)	01:16:37
34	17026	Jan Makosch		TM35	7	8:16 (31)	45:35 (43)	23:05 (22)	01:16:56
35	17062	Niklas Kögler	Köglis & Friends	MJA	3	10:16 (77)	43:16 (27)	24:36 (34)	01:18:08
36	16013	Christoph Wunn		TM55	2	7:59 (21)	43:53 (29)	26:45 (50)	01:18:37
37	16070	Felix Richter		TM40	3	8:58 (47)	46:45 (49)	23:02 (21)	01:18:45
38	17014	Thomas Plonka	Laufen gegen Leiden	TM40	4	10:20 (79)	44:40 (35)	23:51 (29)	01:18:51
39	17013	Uwe Wallasch	GSC Bonn	TM45	7	6:58 (8)	45:34 (42)	26:45 (50)	01:19:17
40	16050	Nils Krämer		TM45	8	9:02 (53)	46:51 (50)	23:27 (26)	01:19:20
41	17021	Hendrik Hilpert		TM35	8	9:31 (60)	45:56 (46)	24:46 (36)	01:20:13
42	16049	Matthias Elbe		TM50	8	6:43 (4)	44:42 (36)	29:34 (74)	01:20:59
43	16079	Daniel Dumke		TM40	5	8:13 (27)	48:48 (58)	24:07 (31)	01:21:08
44	17065	Richard Langemeyer	Tus Kaan-Marienborn	MJA	4	8:26 (36)	44:03 (32)	29:03 (67)	01:21:32
45	16054	Rüdiger Patz	Swim Bike Run - Just for Fun	TM45	9	7:46 (14)	47:49 (54)	26:16 (44)	01:21:51
46	16042	Oliver Neuhaus		TM50	9	10:00 (71)	45:25 (39)	26:32 (46)	01:21:57
47	16032	Dirk Oestreich		TM50	10	7:55 (18)	45:26 (40)	28:48 (66)	01:22:09
48	17008	Gerrit Besselink	GSV Münster	TM55	3	8:15 (30)	43:45 (28)	30:10 (81)	01:22:10
49	16026	Markus Dörstel	Erdinger Alkoholfrei	TM50	11	9:35 (63)	45:54 (45)	27:23 (54)	01:22:52
50	15075	Josef Gensheimer	SV Adendorf	TM65	1	9:20 (56)	46:22 (48)	27:13 (53)	01:22:55
51	17054	Steffan Schlein	Ferienclub Halifax	TM20	1	8:37 (40)	49:17 (60)	25:52 (42)	01:23:46
52	17066	Christian Benz	Tri Team Hagen	TM50	12	8:49 (43)	47:27 (51)	27:54 (58)	01:24:10
53	16072	Lutz Wiemarkt		MJUN	3	9:52 (68)	47:28 (52)	27:03 (52)	01:24:23
54	16019	Dirk Grosnitz	Angerland LT Lintorf	TM55	4	12:37 (90)	50:14 (65)	21:37 (9)	01:24:28
55	17045	Marvin Bersch	Red Fire 2006	TM30	5	9:08 (54)	43:53 (29)	31:35 (84)	01:24:36
56	16075	Christoph Müller	Familie Puma	TM40	6	9:45 (66)	45:36 (44)	29:36 (75)	01:24:57
57	16037	Bredenbrock Gregor		TM50	13	9:22 (58)	49:47 (62)	25:49 (41)	01:24:58
58	17043	Torben Ellerbrok		TM30	6	10:38 (81)	49:32 (61)	25:54 (43)	01:26:04
59	17036	York Radszuhn		TM30	7	8:29 (37)	48:34 (56)	29:37 (77)	01:26:40
60	16016	Andreas Sauer	Triathlon Mülheim	TM55	5	8:59 (50)	48:38 (57)	29:08 (70)	01:26:45
61	16031	Kai Hoffmann		TM50	14	12:00 (88)	45:27 (41)	29:36 (75)	01:27:03
62	17042	Sebastian Spöhr	GSV Bielefeld	TM30	8	9:32 (61)	48:06 (55)	29:28 (73)	01:27:06

#### Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
63	16065	Tobias Schirmer		TM40	7	7:07 (11)	53:45 (84)	26:40 (47)	01:27:32
64	17047	Zeschky Marvin		TM30	9	7:49 (16)	51:20 (72)	28:37 (64)	01:27:46
65	16017	Marcus Ferger	BSG Sparkasse HRV	TM55	6	9:59 (69)	51:12 (70)	26:41 (48)	01:27:52
66	16034	Dirk „Puma“ Westmeier	Fortuna Düsseldorf 1895	TM50	15	7:03 (10)	57:19 (90)	23:50 (28)	01:28:12
67	17034	David Wittig		TM35	9	10:13 (76)	53:27 (83)	24:40 (35)	01:28:20
68	16028	Jörg Kögler	Köglis & Friends	TM50	16	10:16 (77)	49:06 (59)	29:06 (69)	01:28:28
69	16080	Martin Buchmann		TM50	17	10:04 (72)	51:05 (69)	27:34 (55)	01:28:43
70	16012	Christoph Adrian		TM55	7	8:51 (46)	51:36 (75)	28:29 (61)	01:28:56
71	16063	Danny Schröder	Team B-Heim	TM45	10	10:49 (85)	50:07 (64)	28:22 (60)	01:29:18
72	16027	Grüning Guido	Rookietaler	TM50	18	13:52 (92)	46:19 (47)	29:25 (72)	01:29:36
73	17015	Nils Malter	Running Gags	TM40	8	10:42 (82)	50:41 (67)	28:21 (59)	01:29:44
74	16033	Michael Palkowski	Triathlon Team Eupen	TM50	19	10:08 (73)	51:18 (71)	28:33 (62)	01:29:59
75	15077	Dirk Ellerbrok	DJK VfR SAARN	TM65	2	10:46 (84)	51:30 (74)	27:49 (57)	01:30:05
76	17011	Rainer Korte	GSV Recklinghausen	TM50	20	10:37 (80)	51:57 (77)	27:35 (56)	01:30:09
77	17049	Andre Amerkamp	ERGO Amerkamp	TM25	4	7:48 (15)	52:44 (79)	30:03 (79)	01:30:35
78	16052	Norman Hay	Team B-Heim	TM45	11	10:53 (86)	49:47 (62)	30:09 (80)	01:30:49
79	17050	Robin Paetzold		TM25	5	12:52 (91)	47:35 (53)	31:20 (83)	01:31:47
80	17055	Till Tenckhoff		TM20	2	9:16 (55)	54:05 (85)	28:47 (65)	01:32:08
81	17038	Martin Amerkamp	ERGO Amerkamp	TM30	10	8:10 (26)	52:25 (78)	32:02 (87)	01:32:37
82	16025	Christoph Abel		TM50	21	9:32 (61)	52:52 (80)	30:23 (82)	01:32:47
83	16053	Markus Rohde	BSG Volksbank Krefeld eG	TM45	12	9:41 (64)	54:46 (87)	29:03 (67)	01:33:30
84	16036	Kai Hauck		TM50	22	10:12 (75)	51:46 (76)	31:41 (85)	01:33:39
85	17048	Marvin Kunze	SV Poseidon Castrop - Rauxel	TM25	6	5:59 (1)	56:07 (88)	31:44 (86)	01:33:50
86	16001	Uwe Wiedersprecher	PV-Triathlon Witten	TM60	1	11:07 (87)	52:58 (82)	29:48 (78)	01:33:53
87	17037	Alexander Nolte		TM30	11	8:18 (34)	51:20 (72)	34:25 (89)	01:34:03
88	16004	Günter Peters	peters31558@t-online.de	TM60	2	9:25 (59)	( )	( )	01:34:46
89	16008	Sascha Jennes	TV Ratingen	TM35	10	17:46 (95)	50:43 (68)	26:28 (45)	01:34:57
90	16067	Kai Christiansen	Team B-Heim	TM40	9	10:08 (73)	57:04 (89)	29:11 (71)	01:36:23
91	16000	PETER Abraham	Keinen	TM60	3	13:55 (93)	54:45 (86)	28:36 (63)	01:37:16
92	16006	Rudolf Dirks	DFCD Düsseldorf	TM55	8	8:03 (23)	52:55 (81)	36:45 (91)	01:37:43
93	15074	Herbert Kaulard	Skikeller Kaulard & Schroiff	TM70	1	15:09 (94)	50:38 (66)	32:47 (88)	01:38:34
94	16018	Andre Hüsches		TM55	9	9:43 (65)	58:07 (91)	36:26 (90)	01:44:16
95	16021	Nowak Nikolaus	Xochimilco	TM55	10	12:05 (89)	1:03:03 (92)	37:21 (92)	01:52:29
DISQ	16023	Michael Börner	Triathlon Team Düsseldorf	TM55		8:23 ( )	41:55 ( )	11:55 ( )	01:02:13
DISQ	17012	Christian Dahms	GSV Düsseldorf	TM50		9:19 ( )	47:41 ( )	12:47 ( )	01:09:47
DISQ	17016	Oliver Munnes		TM35		8:23 ( )	38:17 ( )	18:52 ( )	01:05:32